

# TERM 4 2024 NEWSLETTER





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# PRINCIPALS MESSAGE

The end of another amazing year, that flew by before we knew it! I would like to thank the Staff for giving our students amazing opportunities and assisting them with their personal growth and improvement over the past year.

The students have grown exponentially. We have been lucky to be witness to their expansion, not just academically but personally and socially. They have all participated in successful Workplace Learning placements and VET courses. As you know this year, we welcomed two school support dogs Hanna and Maple, and over the course of the year Hanna has become fully accredited. They have been invaluable to our students (and staff!) over the course of the year.

We have had the exciting excursion to Canberra where we had a special tour of the Australian War Memorial centred around the timeline of the HMAS Sydney as one of our students' relative lost his life in the ship's sinking. We also visited Mt Stromlo Observatory and the dinosaur museum by night, as well as Questacon, the zoo, The Australian Institute of Sport and the National Gallery of Australia.

Over the course of the year the students participated in many excursions and incursions including Kalability sport carnivals, basketball with the Perth Wildcats, Optus Stadium, R U OK Day and the fire station. They had three days at camp at Ern Halliday in Joondalup and shared in the spooky stories at the Fremantle Prison Torchlight Tour.

As in previous years, the students again created things to sell at Malibu School Markets funds raised were used to donate to K9 Rescue.

Thank you to parents and carers for your continued support, our School Board members who volunteer their time and for the support from the wider community.

In 2025 we farewell Duncan Sanders who is pursuing opportunities at another centre for 2025. We also welcome teachers Kate Gellé and David Bennett and EA's Yasmin Atkinson, Phil Crossley and Lauren Hanney.

I speak for everyone at John Tonkin College ESC when I say thank you for a wonderful year and we look forward to seeing you in 2025.



# JOHN TONKIN COLLEGE ESC SCHOOL BOARD MEMBERS



**Kristin  
Lucas**  
Principal



**Laura Tolomei**  
Chairperson



**Clare  
Munro**  
Staff



**Aaron Spice**  
Staff



**Penelope  
Madigan**  
Staff



**Shannon  
Wright**  
Community



**Chilambe  
Kawame**  
Community



**Nancy  
Hartnett**  
Community



**Sarah  
Cousins**  
Parent



**Jenny  
Green**  
Community

# STUDENT SERVICES

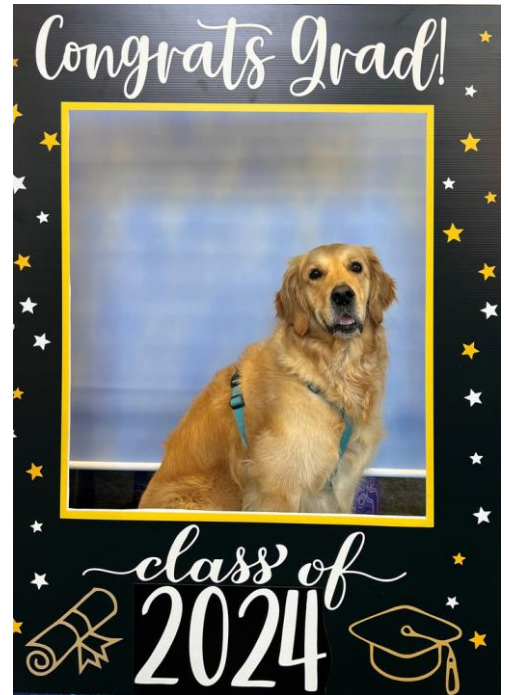
Clare Munro - Meagan Green - Julie Woodman

## K9 Unit News

We are thrilled to share some exciting news from this term! One of our beloved student support dogs, Hanna, has successfully passed her assessment and is now officially accredited as a school support dog. Hanna will take on the Senior Support dog role for the K9 team and oversee Maple our 'recruit in training', as she works towards her own assessment within the next year. Both Hanna and Maple will be onsite in 2025 to support our students and staff, providing comfort and companionship, and enhancing the overall well-being of our school community.

## Meeting our transition students from Halls Head College ESC

Clare Munro and Julie Woodman had the wonderful opportunity to visit Halls Head Education Support Centre, where they met with our prospective students for 2025. The team members used the time to build rapport with the Year 10's, answer any of their questions or concerns about their big move to our Senior School and the wider MET campus which can sometimes seem very overwhelming. They engaged with staff and students in the familiar Halls Head College environment to learn about the students' interests and needs as well as to share information about the amazing JTCEC community we have built here. It was a fantastic chance to contribute to, and support, our stellar Transition program coordinated by Aaron Spice.



## Student Services Support for FESA Cadet camp

Student Services team attended FESA Cadet camp actively supporting the Cadet team and our students during their cadet camp, ensuring a positive and enriching experience for all participants. We believe that these initiatives contribute to a nurturing environment where students can thrive emotionally, academically and socially.

We look forward to more engaging activities and support for our students as we move into 2025.

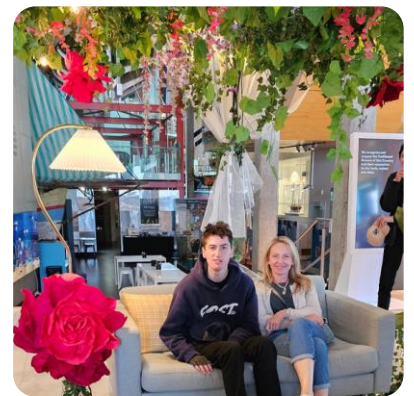


# YEAR 11 CAMP





# YEAR 12 CAMP





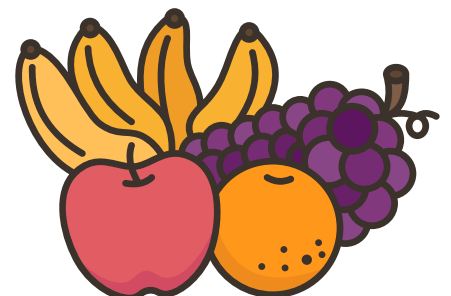
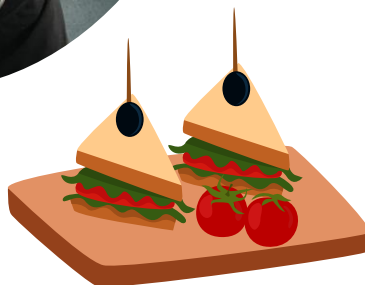
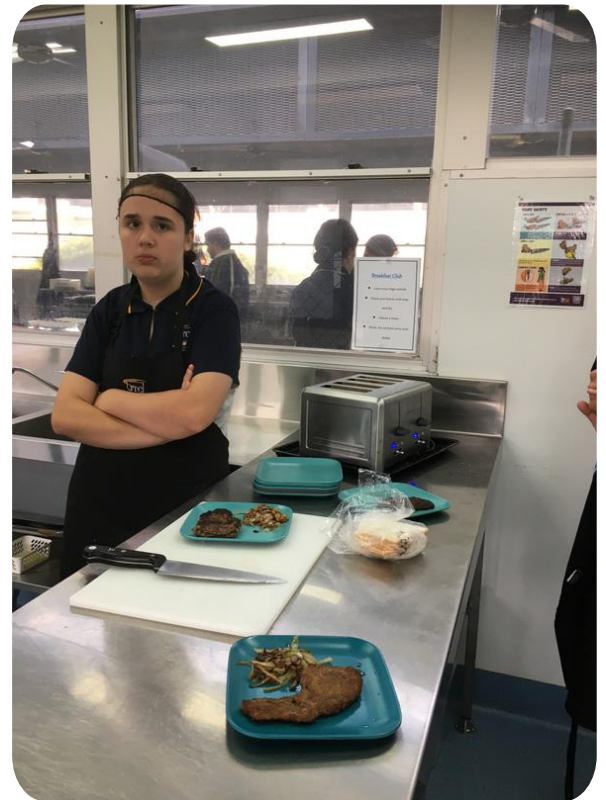
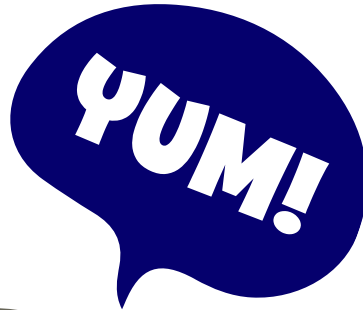
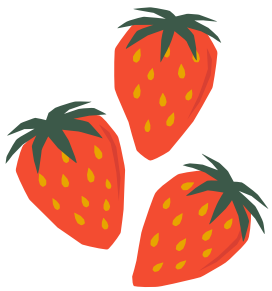
# Disability Expo 2024



# BREAKFAST CLUB

Sue Dao

For cooking classes on Tuesdays, our first group would prepare something special for breakfast club for that morning. The class learnt about healthier choices as well as measurement in cooking and applying that to the meals they prepared such as sausage rolls with vegetables, little healthy burgers, spaghetti bolognese adding vegetables in the sauce as well as how to tenderise a cheaper cut of meat for a cost efficiency. These meals at breakfast club offered an opportunity for our students to gather together for positive social interactions.



# T2

Tarryn Lambert



This term, our class has been actively engaging with the community and participating in exciting activities! Some key highlights include: Weekly shopping trips to Woolworths, hydrotherapy sessions, visits to Perth and Peel Zoo, bowling adventures and exploring the incredible miniature park during camp week.

On the last day of school, students had a blast playing games in a game truck, creating festive Christmas arts and crafts, and celebrating together.



Through these experiences, our students have developed valuable life skills, such as transport training (learning to catch buses and trains), acting responsibly in the community, showing respect to others, and practicing polite communication.

We wish all our students and families a Merry Christmas and a safe holiday season. We can't wait to see you all next year for more adventures!

# FG03

Lexie Brockman



FG03 had a busy end to the year. Finishing ASDAN work, going out into the community to different shops, Hydro and classwork. Throw in camps, excursions, sports and graduating and you have a recipe for a busy Term Four full of learning and fun.

I want to congratulate the graduating students of FG03 again, as well as all the other graduates. I hope that what you will take a way and remember what you have learnt in your time with us, the lessons you have learnt prior and still will learn and use them to have a life that is your version of success and happiness and remember the time you had with us and the memories you made.

To the 2025 returning students, please have a safe break and I look forward to seeing you next year.



# FG04

Duncan Sanders

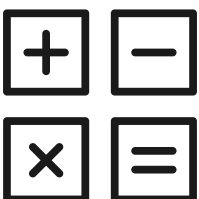
Term four has been an outstanding one for Class FG04. A huge congratulations to all students for successfully completing and passing their Preliminary Numeracy and Literacy assessments. This accomplishment reflects their hard work, persistence, and determination to excel academically.

In addition to academic success, FG04 continued their important work on diversity and acceptance. Through discussions, activities, and shared experiences, the class deepened their understanding of inclusivity and the importance of embracing differences in our community. The students also stayed connected with current events by following Behind the News (BTN). This engagement kept them informed about the world around them, sharpening their critical thinking and discussion skills. The thoughtful contributions they made during news-related discussions highlighted their growing awareness and curiosity.

We are incredibly proud of the dedication and enthusiasm displayed by FG04 throughout the year. Their achievements, both personal and collective, highlight their drive to learn, grow, and make a positive impact. Well done, FG04!



**BREAKING  
NEWS**



**Bravo!**

# FG09

Megan Smith

We have had a very busy yet exciting Term 4! The students in FG09 finished their course work for all of their subjects and showed a positive and persevering spirit towards finishing any classwork and assessment tasks.

They also enjoyed a range of excursions including both the Year 11 and Year 12 cadet camps! FG04 joined us on an excursion to Promises Op Shop in Mandurah where the students donated the money they've raised from Containers for Change; they also visited the Edenvale Heritage Precinct which was very informative. Engaging with the community has been a big focus this term. Students strengthened this by visiting the Billy Dower Youth Centre where they learnt about the many supports and services available to them in our local area.

All the students have worked hard this year and should be proud of all their efforts! A well-deserved Christmas break is just around the corner! It's been a blast finishing the school year on such an exciting note. I wish our Year 12's the very best in their next chapters and look forward to starting back fresh in 2025



# SPORT

Duncan Sanders



Term four has been a slam dunk for our sports enthusiasts! The highlight of the term was the fantastic basketball training sessions with Dave from Mandurah Magic. Dave's expertise and passion for the game inspired our players, helping them sharpen their skills, improve teamwork, and build confidence on the court.

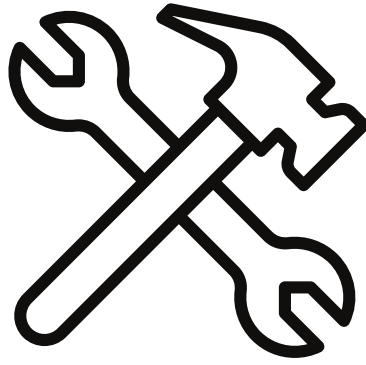
All that hard work paid off when our talented team competed in the Wildcats Carnival. Their dedication and determination shone through as they played their hearts out against tough competition. The moment of triumph came when we proudly took home the Second Division trophy—a testament to their effort and teamwork!

This term was not just about competition; it was about growth, camaraderie, and a shared love for the game. From honing individual skills to celebrating collective victories, our basketball players showed incredible sportsmanship and spirit.

As we wrap up an unforgettable Term 4, we look forward to more exciting opportunities in the future. Here is to another season of growth, perseverance, and success on and off the court. Go team!

# WORKSHOP

Mark Barritt



In Term 4, our workshop students completed their major projects by sanding them smooth and applying a finish to seal and protect the wood. Some students used exterior furniture stain, some used clear varnish, and some put their own personal touches on their project using the laser engraver or paint pens. The projects turned out great and everyone should be proud of their achievements!





# RETAIL

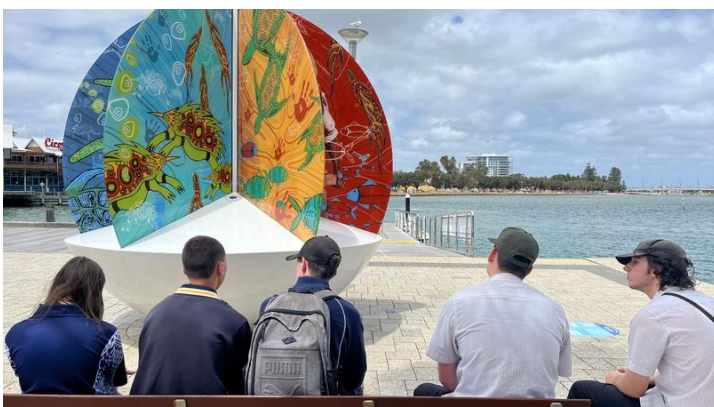
Meagan Green

As we wrapped up Term 4, we successfully completed all units in Retail Services and actively continued our fundraising efforts for our end-of-year excursion. Our endeavors included the delightful "Bark Bites" initiative, which contributed to our lunch plans on the foreshore.

We also had the wonderful opportunity to visit Amaze Miniature Village, where we showcased our exceptional golfing skills—many of us even achieved a "hole in one!" The day brought laughter as we navigated through the maze and enjoyed a relaxing lunch at the café.

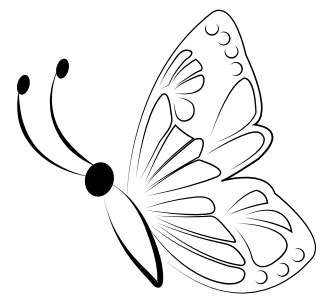
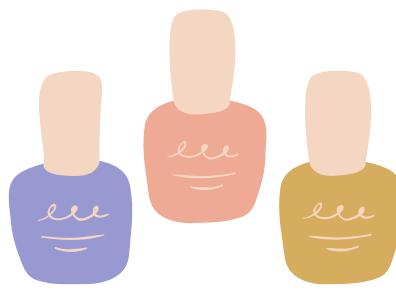
As the term came to a close, we said our heartfelt goodbyes to the students from Rockingham Education Support Centre. We sincerely hope to see them return for visits in the future!

Thank you to everyone who contributed to making this term memorable!



# VISAGE

Trish Bradford



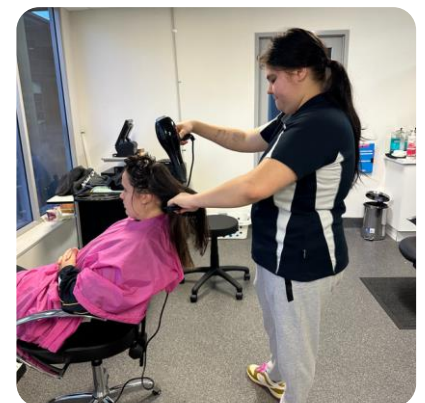
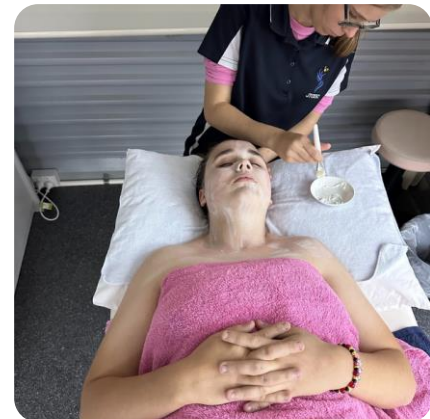
And it's a wrap.....We are thrilled to share with you the exciting progress our students have made in our hair and beauty program. As they develop their technical skills, they are also gaining essential life skills that will benefit them in their future.

Our students have learnt to

- Interact with clients: Developing strong communication skills to understand client needs and provide excellent customer service.
- Practice good health and hygiene: Understanding the importance of maintaining a clean and hygienic work environment to prevent the spread of infections.
- Communicate effectively: Learning to articulate their thoughts, listen actively, and work collaboratively with colleagues and clients.
- Solve problems: Developing critical thinking skills to troubleshoot and resolve issues that may arise in the salon.
- Maintain health and safety standards: Understanding the importance of following safety protocols to prevent accidents and ensure a safe working environment.
- Work as a team: Collaborating with peers to achieve common goals, share ideas, and support one another.

We are incredibly proud of our students' progress and are confident that these skills will serve them well in their future.

Wish you all a safe and happy holiday!



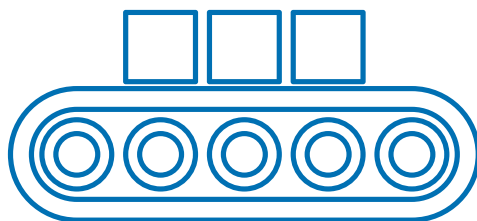
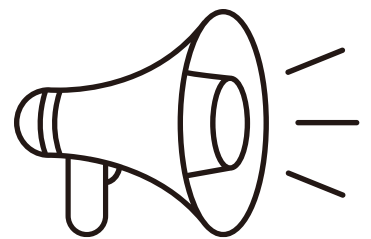
# ENTERPRISE

Lexie Brockman

Term 4 2024 has been a very busy one for the Enterprise team. Finishing off packing bags for the Expo and making Malibu Market items as well as making posters and advertising for both days. We also contributed to and packed and packed the Expo prizes as well as making spreadsheet documents used for documenting our sales at the Malibu Markets.

Then we welcomed two new members, students from Animal Studies who finished early, and took the opportunity to practice and learn the Employability skills through games and activities. Talking about the skills before and after and labelling what we used, how we did and how we could do it even better next time was the name of the game but we enjoyed the games immensely and found a few favourites amongst the group.

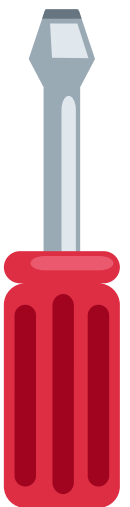
Well done Enterprise team! It's been a great year!



# CONSTRUCTION

Mark Barritt

The construction students finished off the year with the completion of their Brick Archway or Pyramid, and then the safe demolition of their projects and clean-up of the construction area and storage shed. Well done everyone for a great year in Construction.



# EMERGENCY CADET PROGRAM

Duncan Sanders



What an exhilarating Term 4 it has been for our Cadets! This term was bursting with fun, adventure, and unforgettable memories. Our visit to the Mandurah Fire Station gave us an exciting behind-the-scenes look at how firefighters keep our communities safe. Adding a splash of creativity, we painted stunning scenes by the Mandurah Foreshore, letting our artistic talents shine.

The Ern Halliday Camps brought thrills with activities like the soaring flying fox, the adrenaline-pumping big swing, and mastering archery. It was all about teamwork, courage, and fun in the great outdoors!

Our camp exploration continued with a trip to Fremantle, where the WA Maritime Museum captured our imaginations with maritime history, and the Prison Tours gave us a spooky glimpse into the past. Of course, no adventure is complete without delicious food—our Fremantle outing was topped off with some mouth-watering pizza!



Term four has truly been an incredible journey of learning, adventure, and camaraderie. What a great end to an action-packed year



CAMP



# WORKPLACE LEARNING

Marg Bowman

As we wrap up the year, we reflect on the incredible work placements our students have undertaken, gaining invaluable experience along the way. The feedback from our wonderful and supportive employers has been overwhelmingly positive.

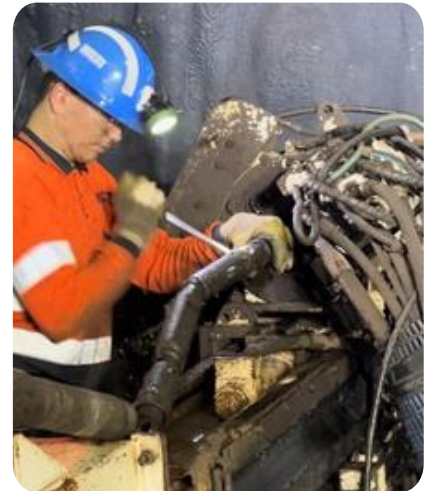
Our school is truly fortunate to have the backing of local businesses that contribute to our workplace learning program. We want to take a moment to express our heartfelt gratitude to each of these businesses for providing our students with meaningful work experiences in a nurturing environment.

A big thank you goes out to all parents, carers, and students for your organization and commitment during the workdays. Your efforts in representing our school so admirably within the community do not go unnoticed.

We are immensely proud of our students who have successfully completed their work placements for 2024. Your hard work and dedication have shone through.

Lastly, I would like to extend a huge thank you to our school staff for their unwavering support in ensuring the success of the Workplace Learning program. Your dedication has made a significant difference in our students' experiences.

Here's to a successful year and many more opportunities ahead!



# TRANSITION

Aaron Spice

John Tonkin College Education Support Centre is very fortunate to have a full-time Transition Officer to help students transition into post-school life. The key objectives of the Transition Officer are:

- Facilitate information sessions with outside agencies
- Connect parents/carers and students with Centrelink and external agencies
- Network with various therapy organisations relevant to individual students
- Create information packs of community sporting and leisure activities in line with the student's interests and future goals which support and encourage community engagement and relationship building enhancing student's independence in social settings.

**The world is your oyster**

CB - SCHOOL LEAVER EMPLOYMENT SUPPORT (SLES)

AFTER SCHOOL TRANSITION SUPPORT

CB - FINDING AND KEEPING JOB (FKJ)

CB - INCREASE SOCIAL & COMMUNITY PARTICIPATION SUPPORTS

CORE SOCIAL COMMUNITY PARTICIPATION SUPPORT

WORK - SLES

Thrive after school with our School Leaver Employment and Transition Support Program, tailored for employment or life skills!

1300 100 767 admin@4lifeskills.org.au | www.4lifeskills.org.au

**Leaving School?  
School Leaver  
Employment Supports  
in your NDIS Plan?**

**Ask a Maxima NDIS  
Consultant about 'School  
Leaver Employment Supports'**



Head to the QR code to find out more about Maxima's School Leaver Employment Supports.

# WELLNESS



Black Dog  
Institute

Healthy  
Mind

## Welcome to Healthy Mind.

An online Easy Read tool for building good mental health.



### Supporting the mental health of people with Intellectual Disability

(Sydney 1st July, 2020)

Healthy Mind is an innovative online Easy Read tool developed by the Black Dog Institute to help people with intellectual disability (ID) learn to have a happier and healthier life.

Following a successful feasibility trial, Healthy Mind helps people with ID recognise and regulate their thoughts and feelings. The initiative has been built on adapted psychological strategies used by doctors and psychologists, with input from people with lived experience and a wide range of health professionals.

Designed to be truly accessible and tested by people with ID, their families, carers and support workers, we are excited to be associated with the launch of the Healthy Mind website that is now LIVE.

Healthy Mind is unique in what it delivers, as it includes:

- an Easy English translation supported with images
- an audio function for all content

- simple step by step guides, short videos and fun activities
- a design that aligns with the unique learning needs of its users

Enabled on desktop and tablet, free to use and accessible 24/7 without the need to register, the Healthy Mind step by step approach:

- gives you practical strategies to help the ones you care for and about
- facilitates a conversation about mental health in a safe way
- provides support when face-to-face therapy is not available or accessible
- can be used in conjunction with face-to-face therapy providing a supplementary level of support

**Empower the person you care about to cope with their thoughts and feelings.**

Visit [healthymind.org.au](https://healthymind.org.au)





# WELLNESS



## Get on the front foot with your mental health

The good news is there are lots of things we can all do to promote good mental health and take control of our mental wellbeing. Find out how you can keep mentally healthy and how you are doing today. For more information go to [www.actbelongcommit.org.au](http://www.actbelongcommit.org.au).



## CREATE YOUR SELF CARE PLAN BY DOING ONE OF THESE THINGS EVERYDAY



### FUN

Doing things that we enjoy, that simply put these are things that make us feel happy, excited, or pleased.

#### HOW WILL YOU...?

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### SOCIAL

Consider the people in our lives that make us feel happy, excited, or pleased or the things that we do with them that make us feel this way.

#### HOW WILL YOU...?

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### FOOD

Those things we eat that we relish and look forward to eagerly. This can be any dish or cuisine you like, the focus is on enjoyment.

#### HOW WILL YOU..?

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MENTALHEALTHWEEK.ORG.AU



# WELLNESS



## CREATE YOUR SELF CARE PLAN BY DOING ONE OF THESE THINGS EVERYDAY



### TALK TO

About seeking support, venting, expressing emotion and listening to others. This can help us de-stress, problem solve, provide insight or validation.

### HOW WILL YOU...?

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### SLEEP

Things to do or things to avoid, that lead to positive sleeping experiences..

### HOW WILL YOU...?

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### EXERCISE

Physical activity that we enjoy, may be more leisurely or playful than our usual exercise goals eg we might enjoy going to the beach or having a walk-in nature

### HOW WILL YOU...?

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MENTALHEALTHWEEK.ORG.AU



# TERM PLANNER - TERM 1 - 2025

	Monda	Tuesda	Wednesda	Thursda	Frida
W 1	Feb 3	4	5 Students return to school	6	7
W2	10	11	12	13	14
W 3	17	18 School Board Meeting 9am	19	20	21
W 4	24	25	26	27	28 Staff Development Day (No students)
W 5	Mar 3 Labour Day Public Holiday	4	5	6	7
W 6	10	11 School Photos	12	13	14
W 7	17	18	19	20	21
W 8	24	25	26	27	28
W 9	31	Apr 1	2	3	4
W10	7	8	9	10	11 Students Last Day Of Term

# Bushfire Action Plan Maps

## On-site safer building location

	<p><b>Emergency, dial 000</b></p> <p><b>Primary action:</b> Determine if the bushfire is a threat to the school. Monitor official sources listed in section 2.</p> <p><b>Secondary action:</b> Refer to Appendix B for the procedures to relocate to onsite 'safer building location(s)'.</p>
	<p><b>Secondary action:</b></p> <ul style="list-style-type: none"> <li>• TAFE in EG01</li> <li>• JTC in EG06</li> <li>• ESC in EG07</li> </ul> <p>Map last updated: [12/06/24]</p>

## Offsite Evacuation Locations

**Emergency, dial 000**

**Primary action:**  
Determine if the bushfire is a threat to the school.  
Monitor official sources listed in section 2.

**Secondary action:**  
Refer to Appendix B for the procedures to Relocate to an offsite evacuation location

[Offsite Option A] – Gymnasium (B09) JTC Tindale Campus (35 Gibla St, Mandurah).

[Offsite Option B] – Gymnasium, Coodanup College, Wanjeep St, Coodanup (endorsed by Coodanup College 27 08 24).

Map last updated: [27/08/24]

# Bush Fire Plan 2024/2025

# SCHOOL UNIFORM

## STANDARD OF DRESS FOR JOHN TONKIN COLLEGE EDUCATION SUPPORT CENTRE STUDENTS

All students at the John Tonkin College Education Support Centre are required to wear approved clothing purchased at **Hip Pocket Mandurah**, 104 Park Road, Mandurah WA 6210.

### SCHOOL UNIFORM:

- Navy polo shirt with school logo
- Navy/black tracksuit pants
- Navy/black shorts
- Navy skorts, school dress
- Plain navy blue/black cap - no inappropriate logos
- Plain Coloured socks - black, white, grey, blue
- Closed-in appropriate shoes



# JTCESC CODE OF CONDUCT

All students and staff have the RIGHT to work in a clean and safe environment.

## RESPECT

- Appropriate language and behaviour
- Treat equipment appropriately
- Zero tolerance of bullying
- Be aware of personal space
- Phones off and away (8:00am-2:40pm)
- No smoking on school grounds

## RESPONSIBILITY

- Follow mobile phone rules
- Wear correct uniform
- Be punctual
- Be kind to all
- Be prepared for all classes
- Stay within set boundaries - students are not to leave the premises during school hours

# USEFUL LINKS



**Health Department of WA** - <https://ww2.health.wa.gov.au/>

**Healthy WA** - <https://healthywa.wa.gov.au/>

**Coronavirus (Covid 19) Health Alert** - <https://www.health.gov.au/news/health-alerts/>

**City of Mandurah** - <https://www.mandurah.wa.gov.au/>

**Headspace** - <https://www.headspace.com/>

**Beyond Blue** - <https://www.beyondblue.org.au/>

**Department of Social Services** - <https://www.dss.gov.au/>

**The Salvation Army Australia** - <https://www.salvationarmy.org.au/>

**St Vincent de Paul Society (Vinnies)** - <https://www.vinnies.org.au/>

**The Uniting Church** - <https://assembly.uca.org.au/>

**Black Dog Institute** - <https://www.blackdoginstitute.org.au/>

**Anglicare WA** - <https://www.anglicarewa.org.au/>

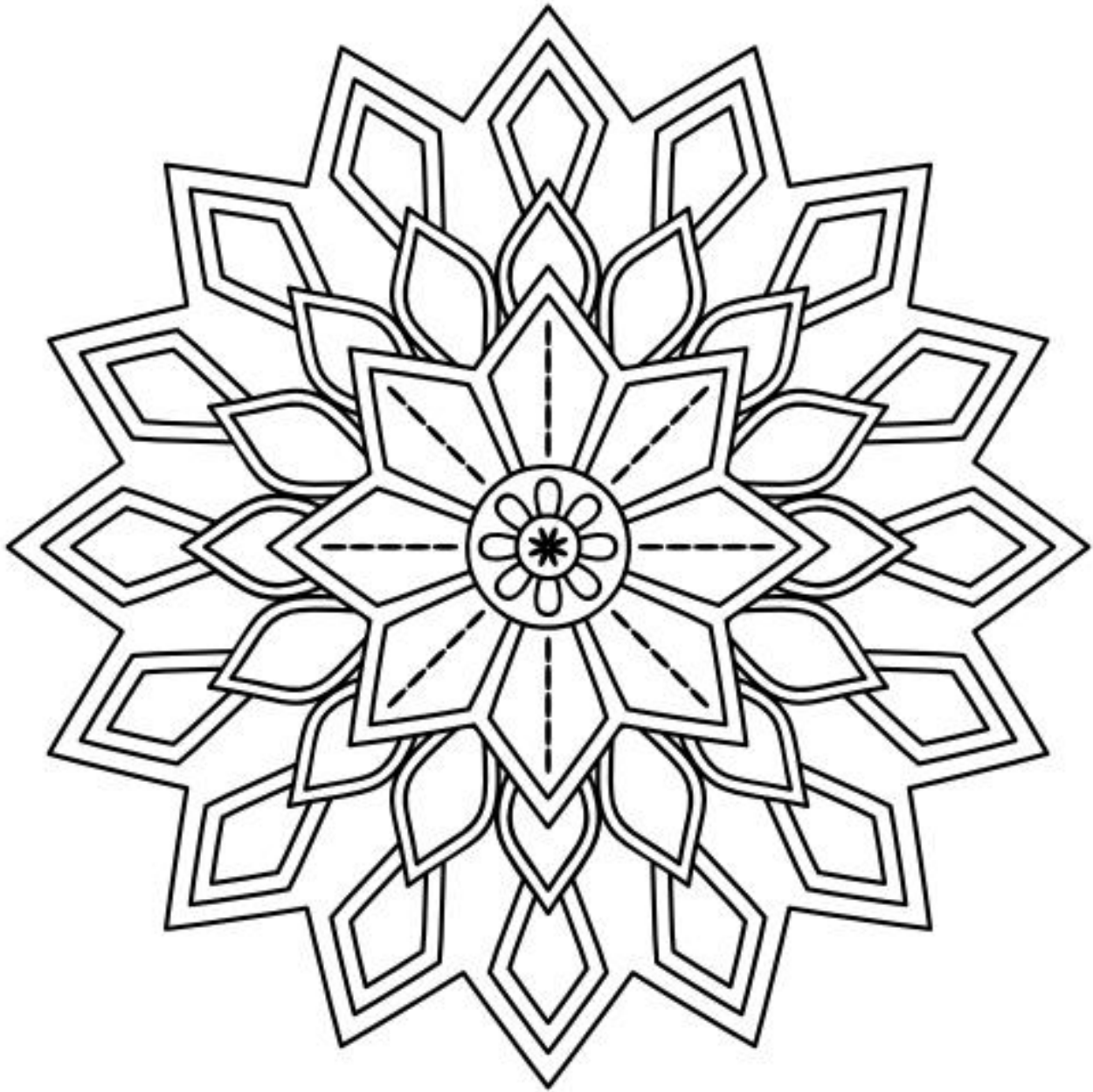
**Foodbank Australia** - <https://www.foodbank.org.au/>

**Halo Team** - <http://www.haloteaminc.org.au/>

**Lifeline** - <https://www.lifeline.org.au/>

**Kids Helpline** - <https://kidshelpline.com.au/>

# Mindful Colouring



Acting with mindfulness is one of the many ways you can keep mentally healthy.

Mindfulness is paying attention to the present moment with openness, curiosity and without judgement. It's not just for when you are feeling stressed or unwell, it can help any of us enjoy a more fulfilled life.

Colouring can be an enjoyable way of practising mindfulness. Colouring is good for us because it uses the part of our brain responsible for improving concentration, motor skills, problem solving and organisational skills.

Enjoy some mindfulness today by colouring in this mandala.

**Being mentally healthy feels good!**

For more tips on how to keep mentally healthy visit [actbelongcommit.org.au](http://actbelongcommit.org.au)

