

Engage | Educate | Enrich | Empower

John Tonkin College Education Support Centre

Mandurah Education and Training Campus

Education Drive, Mandurah WA 6210

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---------------------------------|---------------------------------------|--|--|--|
| OCTOBER 8 | 9 | 10 | 11 | 12 |
| PUPIL FREE DAY | | | | |
| 15 | 16 | 17 | 18 | 19 |
| 22 | 23 Whole school Soccer Carnival | 24 | 25 | 26 |
| 29 | 30 | 31 VET Subjects end | NOVEMBER 1 | 2 |
| 5 | 6 | 7 Whole school Excursion | 8 | 9 WPL Ends |
| 12 | 13 | 14 | 15 | 16 |
| 19 | 20 | 21 Year 12 Camp Yr 10 Transition | 22 Year 12 Camp Yr 10 Transition | 23 Year 12 Camp Yr 10 Transition |
| 26 | 27 | 28 Yr 11 Camp | 29 Yr 11 Camp | 30 Yr 11 Camp Students last day |
| DECEMBER 3 STAFF ONLY | 4 STAFF ONLY | 5 STAFF ONLY | 6 STAFF ONLY | 7 GRADUATION |
| 10 STAFF ONLY | 11 STAFF ONLY | 12 STAFF ONLY | 13 STAFF ONLY | 14 STAFF ONLY |



JTC EDUCATION SUPPORT CENTRE

NEWSLETTER

Issue 3 | Term 3 | September 2018

Engage | Educate | Enrich | Empower

Term 3



TERM DATES TO REMEMBER

Term 3 | 2018

Tues 17th July—Fri 21st Sept

Term 4 | 2018

Tues 9th Oct — Fri 30th Nov

SCHOOL BOARD MEETINGS

Tues 18th Sept - 9.00am

Tues 23rd Oct - 9.00am

OPEN TO PUBLIC

Tues 27th Nov - 9.00am

SAVE THE DATE

Year 12 Cadet Camp

Wed 21st Nov —Fri 23rd Nov

Year 11 Cadet Camp

Wed 28th Nov—Fri 30th Nov

All Students last day

Fri 30th Nov

Year 12 Graduation

Fri 7th Dec

News from the Principal



Tash Hawkins | Principal

The weather is finally beginning to warm up and football season is nearly over.

As you will see from the newsletter we have been extremely busy. I am very pleased with students who have respected the new Electronic Device Policy. The impact of no phones at school has allowed students to converse and interact and socialise with each other at break times in an adult manner.

Students are busy practicing for the interschool Soccer Carnival to be held at Cannington Community ESC on the Tuesday 23rd October. Thanks to Mr Barritt for making soccer goals for the students to practice their goal kicking.

We have had the Riverside Year 5/6 Class over to experience the workshop and art room at a senior school level. All were very impressed and well behaved. Thanks Mrs Cairns and our Transition team for organising this valuable experience.

Planning has begun for 2019:

- I would like to encourage prospective parents to complete the enrolment forms ASAP to secure you spot at John Tonkin College ESC.
- We are planning to take our Year 12 students to Canberra. An Expression of Interest has been sent out to all parents.
- Halls Head ESC students are coming over Friday Term 3, Weeks 8 & 9 and this will help them prepare for Year 11 in 2019.

REMINDERS:

- All students return on Tuesday 9th October 2018
- All students end Friday 30th November 2018
- Graduation is Friday 7th December 2018—don't forget to purchase tickets before Friday 23rd November.

Enjoy the break.



Phone: 08 9583 7333 Fax: 08 9583 7337



johntonkincollege.ESC@education.wa.edu.au



[Facebook.com/johntonkincollegeeducationsupportcentre](https://www.facebook.com/johntonkincollegeeducationsupportcentre)



www.johntonkincollegeesc.wa.edu.au



Congratulations Ang Tomlinson on attaining a new position at the Coastal Lakes College commencing in Term 4; we wish you all the best. We would like to welcome 2 new teachers; Natasha Gollan and Clare Munro to FG03.

Also congratulations to Laura Tolomei on achieving Senior Teacher Status



We would like to welcome Sarah Merks to JTCESC as Manager Corporate Services, whilst Mrs Trish Magno is on 12 months leave.

Please contact Sarah for payments of school fees, graduation tickets or just to say welcome.

PASTRIES (Available after 9.00am)

Pie Range

| | |
|--------------------------------------|--------|
| Mrs Macs Beef Pie | \$4.50 |
| Mrs Macs Beef, Cheese & Bacon Pie | \$4.70 |
| Mrs Macs Chicken & Bacon Cruiser Pie | \$4.70 |
| Mrs Macs Potato Topped Pie | \$4.70 |
| Mrs Macs Pepper Steak Pie | \$4.50 |

Sausage Roll Range

| | |
|---|--------|
| Mrs Macs Homestyle Sausage Roll | \$2.70 |
| Mrs Macs Giant Sausage Roll | \$3.80 |
| (V) Mrs Macs Spinach & Ricotta Roll | \$3.80 |
| Mrs Macs Bacon & Cheese Sausage Roll | \$3.80 |
| Mrs Macs Big Aussie Roll | \$4.50 |
| Mrs Macs Big Aussie Bacon & Cheese Roll | \$4.50 |

Pastie Range

| | |
|-------------------------------|--------|
| (V) Mrs Macs Vegetable Pastie | \$4.50 |
| Mrs Macs Traditional Pastie | \$4.50 |
| Mrs Macs Bacon & Egg Quiche | \$4.70 |



Fruit Salad

Flavoured Yoghurt

Something Healthy

Cheese and Biscuits

Fruit and Yoghurt

Fruit and Nuts

DAILY LUNCH SPECIALS

Monday

| | |
|--------------------------|--------|
| Spaghetti Bolognese | \$6.50 |
| Apple & Cinnamon Muffins | \$4.50 |
| Potato Bake | \$4.00 |

Tuesday

| | |
|--------------------------------|--------|
| Butter Chicken with Rice | \$6.50 |
| Savoury Bacon & Cheese Muffins | \$4.50 |
| Pasta Bake | \$4.00 |

Wednesday

| | |
|-------------------|--------|
| Penne Carbonara | \$6.50 |
| Blueberry Muffins | \$4.50 |
| Zucchini Slice | \$4.00 |

Thursday

| | |
|----------------------------------|--------|
| Sweet Potato Cous Cous | \$6.50 |
| Savoury Spinach & Cheese Muffins | \$4.50 |
| Macaroni Bake | \$4.00 |

Friday

| | |
|----------------------------|--------|
| Fried Rice & Chicken Wings | \$6.50 |
| Chocolate Chip Muffins | \$4.50 |
| Potato Bake | \$4.00 |



Welcome to the John Tonkin College Cafeteria menu for 2018. If you would like to place an order please call on 9583 7309 or come down and see canteen staff before 11am. We can cater for specific dietary requirements or allergies.

Opening hours:- Monday—Thursday 7.45am—2pm; Friday 7.45am—1.30pm.

Any other queries please email:- emma.bridger@education.wa.edu.au

BREAKFAST

| | |
|---|--------|
| Bacon & Egg English Muffin | \$3.70 |
| Bacon, Egg & Cheese Toasted Wrap | \$5.00 |
| (V) Hash Brown Triangles <u>2 for</u> | \$1.50 |
| Toasted Ham & Cheese Sandwich | \$3.00 |
| Toasted Ham, Cheese & Tomato Sandwich | \$3.00 |
| Toasted Chicken, Cheese & Mayo Sandwich | \$3.00 |



RECESS

| | |
|---------------------------------------|--------|
| Sweet Chilli Chicken Sub | \$4.00 |
| Southern Chicken Sub | \$4.00 |
| Hotdog | \$4.00 |
| Hotdog and Cheese | \$4.50 |
| Hot Chicken Roll | \$4.50 |
| Hot Beef Roll | \$6.00 |
| Chicken Chips | \$4.00 |
| Pizza Singles | \$3.50 |
| Toasted Ham Focaccia | \$5.50 |
| Toasted Chicken Focaccia | \$5.50 |
| Toasted Ham & Cheese Sandwich | \$3.00 |
| Toasted Ham, Cheese & Tomato Sandwich | \$3.00 |



Something Sweet

| | |
|-----------------------|----------------|
| Carrot Cake | Carmel Slice |
| Rocky Road | Brownie Slice |
| Lamington | Custard Tart |
| Vanilla Slice | Coconut Slice |
| Chocolate Chip Cookie | Smartie Cookie |

WARM LUNCH MENU

| | |
|-----------------------|--------|
| Hamburger | \$5.50 |
| Hamburger with Cheese | \$6.00 |
| Chicken Burger | \$6.00 |
| (V) Veggie Burger | \$6.00 |
| Aussie Burger | \$6.50 |
| (V) Wedges | \$4.50 |

COLD LUNCH MENU

| | |
|-------------------|--------|
| <i>Sandwiches</i> | |
| BLT | \$5.50 |
| Turkey Cranberry | \$5.50 |
| Chicken Avocado | \$5.50 |
| Ham & Cheese | \$5.50 |
| Chicken Schnitzel | \$5.50 |
| (V) Egg | \$5.50 |

| | |
|-----------------|--------|
| <i>Rolls</i> | |
| Ham & Salad | \$6.50 |
| Chicken & Salad | |

| | |
|---------------|--------|
| <i>Salads</i> | |
| Caesar Salad | \$6.50 |
| Chicken Salad | \$6.50 |
| Garden Salad | \$5.50 |

Something to Snack On

| | |
|---------------------|-------------|
| Potato Chips | Beef Jerky |
| Mixed Lollies | Muesli Bars |
| Assorted chocolates | |



Angela Tomlinson



FG03 have been working very hard on our enterprise project; we are making and selling wheat bags.

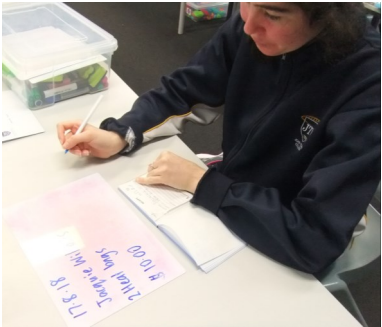
First we brainstormed ideas for our enterprise project and we costed them. We voted on the enterprise we thought was best and then began learning the skills needed to be able to make the wheat bags. We have been measuring length and capacity in order to make our wheat bags consistent in their size and filling.

We are learning to skip count in 5s and 10s to help work out the amount of money people need to pay us for our product and we are learning to give change. We are going to have a stall at the Fostering Different Abilities Expo and have been working on our customer service skills so we can promote our product.

So far we have made around 100 wheat bags, which can be used hot or cold, and many have been sold. Please contact Admin if you would like to purchase our product for \$5.00 each; we will have them on sale at the Expo.

An exciting milestone has also been reached for Georgia. She has had a personal goal in place since Term 1 and has been working steadily towards achieving her goal and receiving her reward. She has finally got there! Georgia was presented with her prize in a class ceremony. We are very proud of her and her achievement.

We continue with our Shopping and Cooking Program and students have made some yummy food including Chicken Parmigiana and Stir Through Pasta. We are also learning about keeping within a budget, focusing on making sure we check the pantry and learning how to choose the best value items from the shops.



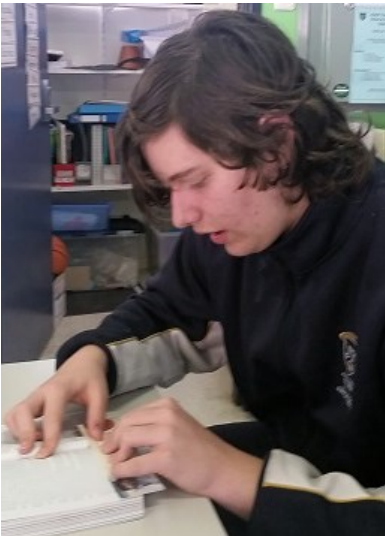
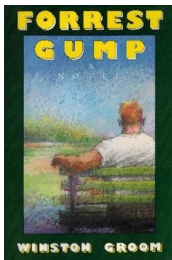
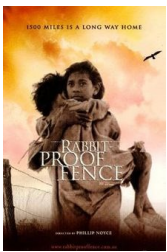


Julie Higham

During our lifeskills lessons we are cooking on alternate weeks, and have been learning about food safety, handling and storage. We are thrilled to have had the help of Ms Christensen when learning about cross-contamination and also when preparing and cooking whole chickens. We all agreed that raw chicken feels really disgusting!

In literacy we have continued with our reading program and some students have nearly reached the end of Miss Peregrine's " Home for Peculiar Children", which is a really difficult book with 352 pages! Another group of students have recently finished "The Rabbit-Proof Fence" and have just started to read "Forrest Gump". Great job everyone!

We have finished practicing measurement in maths, including the really difficult calculations of perimeter and area, and working out how much fencing and lawn we would need for the T1 garden. We have just started looking at money, financial literacy and budgeting.



We are pleased and excited to inform you that we will be producing a new eNewsletter with Schoolzine . The move to this new format will enable us to communicate with the school community across multiple channels. It will promote and enhance our engagement with parents, students and the wider community.

We believe you will find the eNewsletter highly engaging, as it will provide us with a more efficient and effective means of connecting with you. The new format will allow the inclusion of video, photo galleries, online bookings, mobile app, feedback forms, calendars and so much more.

The newsletter also has a sponsorship section which provides a great opportunity for local businesses to engage with our parent community. If you would like to be a part of this, please contact Schoolzine.

Phone Jude 07 5414 2363
jude.dawson@schoolzine.com.au

OUR PARTNER SCHOOLS



www.meadowspringsesc.wa.edu.au



RIVERSIDE
EDUCATION SUPPORT CENTRE

www.riversideesc.wa.edu.au



HALLS HEAD
COLLEGE ESC

www.hallsheadesc.wa.edu.au

JOHN TONKIN COLLEGE EDUCATION SUPPORT CENTRE BUSHFIRE PLANS 2018/2019 SCHOOL NEWS LETTER INFORMATION

Bushfire zone register - John Tonkin College Education Support Centre has been added to the Bushfire Zone Register. This means the JTCEC Campus, Years 11-12, may be required to evoke pre-emptive closure on a day for which a Catastrophic Fire danger rating (FDR) has been declared. This means that if a fire starts, it is likely to be uncontrollable, unpredictable and fast moving.

What does this mean for our school?

When given advance warning that an FDR has been forecast for a given day, the Deputy Director General of schools may direct the closure of JTCEC. If the JTCEC Campus receives such a direction, you will be informed of the possible planned closure by letter sent home with your child. Parents of students absent on the day this letter is sent home will be contacted by phone. Please ensure up to date contact details are provided to the School. DFES will monitor weather patterns to keep the department and school informed of any changes to the forecast for the declared day. The final decision to pre-emptively close the school will be informed by the Department and the Principal no later than 4:30pm on the day before the declared day. If the forecast changes after this, the closure will stand. The intention is to limit confusion or uncertainty for parents and allow you to make alternative childcare arrangements.

How will I know when the school is reopening?

It is anticipated that the school will only need to close for a single day at a time, but this will depend on the weather. JTCEC will use SMS, Facebook and School Star app to keep parents informed. JTCEC web site will contain a notice to advise you of the current status of the closure and when it is expected to reopen. Please monitor local media for current information about fire danger ratings and notice of schools reopening. Staying tuned to local ABC radio for regular updates is advisable.

Contact: DFES on 1300 657 209 or www.dfes.wa.gov.au

South Metro Educational Regional Office:
9336 9563

Tash Hawkins: 0466 209 305
JTCEC: 9583 7333

Tash Hawkins



Australian Teacher Aide Appreciation Week

JTCEC would like to acknowledge all our wonderful and hardworking Education Assistants, whose hard work and dedication make a difference to our students, teachers and school community.

We celebrated the week with a morning tea for all staff.

Thankyou Education Assistants!



Duncan Sanders



T2 students have continued to work hard completing the Literacy and Numeracy units. The students have also built upon their social and lifeskills; walking to the local Woolworths to purchase food for their cooking lessons.

It was T2's turn to coordinate the school assembly on the virtue of **KINDNESS**, as well as defining the virtue. The students worked along with a well-known musician Ta-ku and some professional photographers to create a song called "**KINDNESS**". They even came up with a name for their group, **T2DIMENSION**. On the day, the students were very excited about the project. They engaged in music making, makeup and photography. Many students began slightly timidly, but they all ended up singing, making music and taking photos. The day was a big success; the final music video being presented at the whole school assembly in front of invited parents and guests. The students provided hospitality for the parents, building upon their social and lifeskills. The song was even played on Radio Fremantle and is currently featured on the Public Education in Western Australia Facebook page.

You can view the finished product at: <https://vimeo.com/282795188>



kindness
MATTERS





Trish Bradford



SALON DAY

Welcome to Term 3

We have been insanely busy with excursions, incursions and having our last Salon day for the year. We visited a wholesale supplier in Jandakot, then went onto Cockburn Central. The students will be show casing their skills at the Fostering Different Abilities Expo at the Mandurah Offshore Fishing & Sailing Club on Wednesday 12th September.

The Salon has had a mini make over; this was the result from astute eyes and knowledge. The students identified safety concerns, problems with the functionality of the layout and the aesthetic appearance. As a group we spoke about what needed to be changed and started implementing the modifications straight away.

Through the students' hard work and successful salon days we have been able to purchase a proper hair washing basin/seal; this has made a huge difference to both students and clients.

Our next **SALON DAY** will be on Wednesday 19th September 9am—1.30pm. Please call 9583 7333 or email sue.howard@educaton.wa.edu.au to make an appointment.

We look forward to seeing you.

WEDNESDAY 19th September , 2018

PLEASE CALL 9583 7333



Visit to Parliament House



Baily, Liam, Brittany, Tabitha, Tamikia, Mrs Bradford, Mrs Wyllie and Daniel were recently invited to tour Parliament House in Perth.

Students learnt about the WA Political system, walked through Parliament House and then met up with Mr David Templeman, Member for Mandurah and School Board Member for JTCEC for lunch and a photo opportunity.



Other news

soccer

Despite the excitement of the Soccer World Cup dying down the whole school continue to focus on this skilful game. JTCEC are sending 2 teams to the ESSN Soccer Carnival to compete against other schools in Cannington on Tuesday 23rd October.

Students not in one of the teams will receive training on the day to improve their physical and technical skills. Students have embraced the challenge and are in training, often twice a week to help improve their ball control and fitness.

Come on JTCEC !!!

ONE TEAM ONE DREAM



Retail News



Kym Rowbotham



Epic Sizzling Cafe



Retail has had such a busy rewarding term. Our amazing students fundraised over \$235.00 for “Jeans for Genes Day” with creative cupcakes and denim bunting.

Our students are not only growing in their knowledge and skills but also in their friendships. Our excursion proved successful as they worked as a team to interview and assess local businesses and their standard of customer service.

Well done students for once again providing a high standard with your BBQ and positive attitude to work.



“EPIC SIZZLING CAFE TEAM”

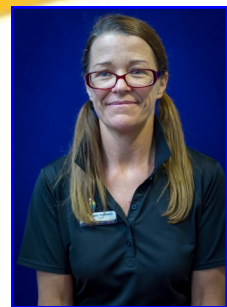
Adam, Baily, Brittany, Jackson, Liam



Emergency Cadet Program



Peter McClay



Angela Tomlinson



Our cadets continue to work hard under the leadership of Mr McClay. We finished off last term with a visit to the Army Museum and Monument Hill in Fremantle; the weather was delightful. We toured the army museum, observing interesting aspects of our military history and being able to see relics of war such as weapons, uniforms, medals, medical instruments and vehicles.

This term has been focused on fire safety and natural disasters. We have been learning how to prepare for natural disasters, to minimise the risk of fires, having a good escape plan in the event of fire and how to put out a fire using fire blankets and extinguishers. We have been to the DFES Museum in Perth to explore firefighting equipment and emergency response.

Our cadets have been made aware of the potential for disaster and we hope they feel prepared to seek help and act confidently in case of an emergency.

2018 YEAR 12 GRADUATION

Friday 7th December 2018

Mandurah Offshore Fishing & Sailing Club
Ocean Marina, Mandurah

Ceremony commences at 10.30am
Light refreshments will follow

Tickets are available for purchase
\$10.00 per person
No charge for Year 12 students

Year 11 students are invited to attend (must be with a parent/carer)
\$5.00 per person

Don't miss out on this wonderful occasion
Come into JTCESC Administration to purchase your tickets—**cash only**
Tickets to be purchased before Friday 23rd November 2018

Class of
2018





JTCESC Board Member Profile David Templeman, MLA

I am honoured to be a Community Board Member on the John Tonkin College Education Support Centre Board. I have been associated with John Tonkin College ESC for a number of years now and have met a number of our students when they were attending our local Primary Schools. I joined the Board to assist the School in achieving its strategic goals for our students and to associate for our school in the important role it plays in education in our region.

I enjoy working with staff, our Board, our parents, our wider school community and most importantly our tremendous students. In my view, John Tonkin College ESC is an outstanding local school.

If you are interested in joining the School Board, in 2019 we will have 2 community and 2 parent representative positions to fill. Please contact the Principal on 9583 7333 for further information.

Attendance Matters

At John Tonkin College ESC, we want your child to achieve their very best. To get the best education, they need to attend school every day.

Developing a habit of going to school every day is vitally important so your child does not miss out on important ideas and skills they need for future learning.

Going to school every day helps children learn the important life skill of 'showing up' – at school, at work, to sport and other commitments.

Research from the Western Australian Telethon Kids Institute shows that every day at school counts towards a student's learning. Students who attend more, generally do better at school and in life.

Do you need to let the school know if your child will be away from school?

Yes, you need to let the class teacher, front office or Principal know the reason why your child is going to be, or has been, absent from school as soon as possible. Please call 9583 7333

This requires a responsible person, usually a parent, to provide a reason for the absence within three school days. Having information about why your child is absent from school helps us plan for their return to school and work out any additional support that may be required.

YEAR 12 CAMP 2019



Expression of Interest has been sent out to all Year 11 students for the 2019 Year 12 Camp to Canberra next year.

Don't miss out this wonderful opportunity.

Please return your paperwork as soon as possible.



Monique - Secret Harbour Dockers Sporting Association



Georgia - Cheesecake Shop

Kristin Lucas



Clayton - Hot Klobba



Daniel - Coles, Erskine



Adam - Coles, Pinjarra



Jesse - Mandurah Taxis



We are pleased to announce that all students have been receiving favourable comments from their employers during workplace learning.

Ms Higham's students Jesse, Tamikia, Adam, Clayton, Monique, Daniel, Liam and Luke have all represented the school in an excellent manner. Majority of students have also been very conscientious in managing the filling out of the logbook, getting the employer to sign and bringing it to school for in class work with Mrs Lucas.

Even though T1 have now completed their 10 week placements, some students have been extended for further work experience until early November. It is now Ms Tomlinson's class who are entering the world of work at such places as Workpower, Cheesecake Shop and JTC Canteen. Good luck to Baily, Hayden, Georgia and Jackson as you build on your employability skills.

All students are now updating their resumes. Focus is on ensuring the Year 12 students have a detailed resume which will be included in their graduation portfolios. We remind the students that their resume is an important document which will play a large part in life after school, and will need to be updated as they complete courses and obtain employment. Year 11 students will make a start on their resume which will include any paid work, their previous work experience plus new placements while at JTCESC.

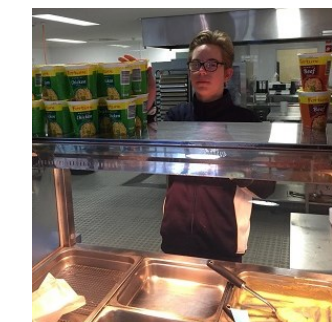
Just a reminder that paperwork sent home provides details of placements, especially the times that needs to be adhered to. Students showing up too early, especially where support is provided, can cause issues for the employer and school. If you need to discuss a change in time or student needs to leave the workplace early, please call the office on 9583 7333.



Luke - Pinjarra Golf Club



Tamikia - Small Friends



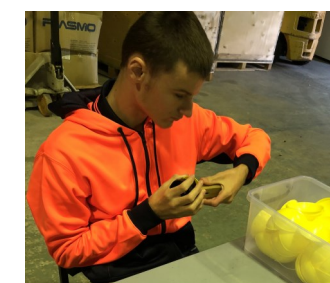
Jackson - JTC Canteen



Hayden - Workpower



Liam - Good Sammy's



Baily - Workpower

Transition



Jocelyn Carosin



Term 3 has been another busy term!

For the past 7 weeks, we've had the Year 5 and 6 students from Riverside Education Support Centre come over to JTCEC each Friday to use our awesome facilities. The Riverside students worked in the workshop to construct a stool made from timber and canvas. Students were able to use the equipment such as the drop saw, vice, sanding blocks, electric hand drill, screw drivers and drill press under close supervision from both Riverside ESC and JTCEC staff.

Students were also able to work in our fantastic Art Studio. They made 3D print stencils from scratch by creating their very own design and then framed them.

Breakfast Club was a huge hit with our visiting students, and this was also a great time for the younger students to socialise and meet the JTCEC students. Our school loved having the Riverside students here for those 7 weeks. We hope to continue these awesome opportunities with Riverside as well as students from Halls Head Education Support Centre.



Fostering Different Abilities Expo

John Tonkin College Education Support Centre is hosting an Expo for all people with disability, their parents, families and carers

Wednesday 12 September 2018, 10am-1.00pm

Mandurah Offshore Fishing and Sailing Club
115 Breakwater Parade, Ocean Marina, Mandurah

- Meet with disability service providers available in the Peel Region.
- Come and listen to speakers from Centrelink, National Disability Insurance Scheme (NDIS) and Youth Disability Advocacy Network (YDAN).



For more information: John Tonkin College Education Support Centre
Phone 08 9583 7333 | E-mail Jocelyn.carosin@education.wa.edu.au | www.johnntonkincollegeesc.wa.edu.au

Breakfast Club



Rebecca Christensen



Breakfast Club

Monday, Tuesday, Thursday and Friday

10.25am— 10.45am

Students have been enjoying a variety of delicious food this term such as veggie slice, oat slice, fruit salad, weet-bix slice, porridge and the everyday favourite toasties.

Students have been using the kitchen to practice and develop their cooking skills; cooked roast chicken dinner—with all the trimmings, pizzas, zucchini muffins and corn fritters.



OAT SLICE

Ingredients

- 1 cup oats
- 1 cup sultanas—optional
- 1/2 cup sugar
- 1/2 cup self-raising flour
- 1/2 cup coconut
- 125grams margarine
- 2 tablespoons honey

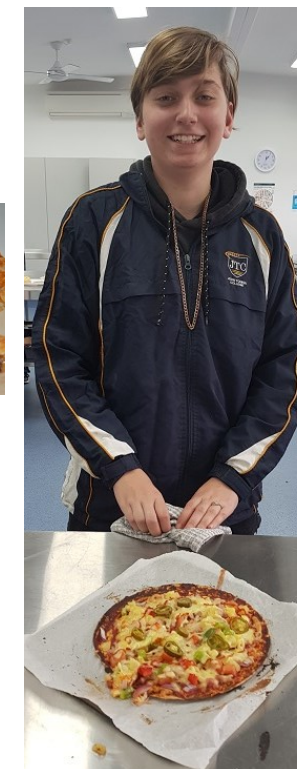


Method

1. Pre heat oven to 180 degrees C.
2. Melt margarine and honey together
3. Mix dry ingredients in a bowl then add melted margarine and honey
4. Mix well and spread in lamington tray
5. Spread stewed apple over the top, it should be about 1cm thick.
6. Bake at 180 degrees f or 10-15 minutes
7. Cut into squares or bars whilst still warm

***Could also use five fruit mix instead of sultanas.

Recipe thanks to Rebecca Christensen



Swap Sugary Drinks

A 600mL bottle of soft drink has around 16 teaspoons of sugar. This large amount of sugar has no nutritional benefit and can result in tooth decay and other risk factors for serious health issues. Swap sugary drinks for milk or water. **Tip:** try adding your favourite chopped fruit to your water bottle!



The Art Room



Laura Tolomei



We finally finished all our ceramics and they are on display in the Office and in the Art Room. They look absolutely fantastic, and everyone was pleased with how awesome they turned out.

Our next part project we are working on is print making. We have had a go at holograph printing and now into lino cutting. Students have learned to use the lino cutting tools safely and have started cutting out their print block. It will be interesting to see how they turn out.



Workshop



Mark Barritt



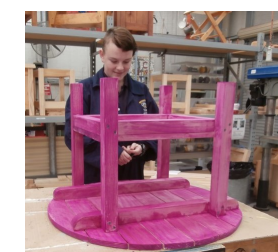
Duncan Sanders



On Thursdays the students are continuing on their personal projects in the Workshop. Some are building tables; others work mates or planter boxes. All are working really hard and closely following the safety procedures. It has been really exciting seeing the students growing in confidence as their projects take shape.

The students are continuing to work towards completing their ASDAN Practical Workshop certificate. Along with their major projects, the students have enjoyed using and designing 3D images and objects on the school 3D printer.

It's been another busy and rewarding term.



Construction



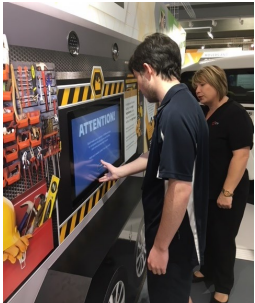
By Mark Barritt



Construction students started the term with a visit to the Construction Futures Centre. Students spent time at the Centre where they had the opportunity to see and experience the diverse range of careers in the construction industry. The centre engages students through a mix of virtual reality, videos and games integrated with real life problem solving opportunities.

The construction students have been working hard during Term 3 to get their projects finished. Brodie and Jack have done a great job on their Brick Letterboxes. Tabitha has built an impressive Brick BBQ. Jayden and Daniel have shown great teamwork building their fantastic Brick 'TARDIS'.

Well done everyone.



Foundation Skills



By Laura Tolomei

We have continued to do cooking and dancing. We have had so many successful cooking sessions that Ms Christensen asked us to make some food for Breakfast Club each week. Now we cook a double batch; one for ourselves and one for Breakfast Club!

Dancing has been fun. We have added some Hip Hop moves and we also do a bit of free style dancing. Our dance teacher, Kath, makes sure we have loads of fun.

In the afternoon we read at the library then do some craft.

On Fridays we have started going out to places in the community. We have been to Samphire Cove Nature Reserve to have a BBQ picnic, with more adventures planned.

